



PEACE4DALITS FOUNDATION NEPAL



ANNUAL REPORT FISCAL YEAR 2078/79



Peace4Dalits Foundation Nepal



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PEACE4DALITS
FOUNDATION NEPAL

Message from The Chairman

The Peace for Dalits Foundation Nepal is glad to share its yearly progress report for the fiscal year 2078/79. Since it started in 2077 B.S, the foundation has been working on different projects to improve specific communities, following its own guidelines.

We have prepared a report to show our progress to everyone involved. We also had a meeting to look back on the year and plan for the future.

I believe publishing this report will help more people understand the good things we're doing and give us ideas on how to do better.

I want to say a big thank you to all the team, board members and volunteers who have helped us in our projects. This report is a way to show what we've achieved together.

Looking ahead, I hope we keep making these reports to show our organization's growth. Thank you for being a part of our journey and for your advice and support.

Manoj Ram

Chairman

Peace4Dalits Foundation Nepal



PEACE4DALITS FOUNDATION NEPAL

Foreword

This report showcases the progress made by Peace4Dalits Foundation Nepal. The organization was established in 2077 B.S, and despite facing various challenges, it has grown significantly.

Peace4Dalits Foundation Nepal has been working for the rights of the Dalit community for several years. Since its beginning, the foundation in Parsa has been partnering with the government and non-governmental agencies to contribute to the overall development of the district, especially in rural areas.

In this book, we highlight the main activities and the progress we've made during the fiscal year 2078/79. Our aim is to share our efforts with all stakeholders and supporting agencies. We believe that both direct and indirect stakeholders will find this book interesting.

We'd like to express our sincere gratitude to our board members, staffs, stakeholders, partners, and donors for their support in making this publication a success. We're confident that this book will be a valuable resource for Peace4 Dalits Foundation Nepal, reflecting the impact of our organization as a whole.

We welcome your suggestions and feedback after reviewing this book. Your input will help us identify any mistakes and chart a clear path for the future.

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Brief Introduction of Peace4 Dalits Foundation Nepal

The Peace4Dalits Foundation Nepal (P4D Nepal) It is a non-profit organization established by Dalit Youth Jamaat in Sakhuwa Prasauni Gaonpalika-5, Parsa District. Its registration number is 2217 registered in the office of District Administration Office of Parsa District. It is also affiliated to Social Welfare Council with Affiliation No. 51913.

Peace4Dalits Foundation Nepal is the first grant-making institution which is working for the empowerment of Dalit communities. Peace4Dalits Foundation supports individuals, community-based organizations, and networks that work to secure social change and protect the rights of Dalit with a mission to eradicate caste based discrimination and atrocities. It is to ensure equality and equal rights for all.

Peace4Dalits Foundation Nepal provides small grants and fellowships towards strengthening the Dalit Movement and nurturing future leaders for the movement. Peace4Dalits Foundation Nepal pursues the world's most important value – equality – and works to end the injustice of caste discrimination. By so doing, the Foundation

works for the holistic development of humankind. We are working day and night for social transformation and upliftment. So far, we have provided relief in the form of food to 1,000 households. We have conducted different campaigns in villages for the access of Dalit children to education and school sustainability. We are working by forming a Dalit pressure group for warm clothes for winter, maintenance assistance for schools, educational materials like copy and pen bags for children, assistance to the sick and Dalit rights. Aim: Educate, Equality and Empower Vision To establish equitable society free of caste, class and gender discriminations Mission The mission of P4D Nepal is to bring Dalits into the mainstream of state governing mechanism by empowering and sensitizing them to establish human right, democracy, sustainable peace and equitable society. Goal : P4D Nepal aims to eliminate caste and gender based discrimination against Dalits and to empower them socially, economically, politically and educationally. Objectives education access campaign, empowering to Dalit art and culture for development and women leadership.

Peace4 Dalits works to eradicate untouchability, social discrimination and caste-based atrocities, with special focus on Dalit women. We provide support for livelihood – minimum wages, education, health, housing and insurance for laborers in the unorganized sector. Solve advocate rights over land, water bodies, villages, forests and other means of production. To create public understanding and favorable public opinion

VMGO of Peace for Dalit Foundation

Nepal:

Vision

To establish equitable society free of caste, class and gender discriminations

Mission

The mission of P4D Nepal is to bring Dalits into the mainstream of state governance mechanism by empowering and sensitizing them to establish human right, democracy, sustainable peace and equitable society.

Goal

P4D Nepal aims to eliminate caste and gender based discrimination against Dalits and to empower them socially, economically, politically and educationally

Aim

Educate, Equality and Empower

Objectives

- To make the Dalit community self-reliant through various programs for community development.
- To work on aspects related to population control, forest environment protection, protected drinking water and health and sanitation.
- To produce skilled manpower by enhancing professional skills.
- To eradicate illiteracy through non-formal education programs.
- To empower women through programs such as Women's Awareness, Gender Equality and Literacy.
- To provide loans to the target groups at affordable rates through financial institutions for financial empowerment.
- To conduct programs related to reproductive health, nutrition, health, drinking water and sanitation.
- To conduct programs related to agriculture for sustainable livelihood.
- To conduct campaign against child marriage reduction.

- To conduct education access campaign, empowering Dalit art and culture for development and women leadership.
- To eradicate untouchability, social discrimination and caste-based atrocities, with special focus on Dalit women, children and needy.
- Provide support for livelihood – minimum wages, education, health, housing and insurance for laborers working in unorganized sector.
- Rights over land, water bodies, villages, forests and other means of production.
- Create public understanding and favorable public opinion.

Core Value of the Organization:

- Democratic Exercise
- Accountability
- Honesty
- Impartiality
- Transparency

Thematic and Cross-Cutting Intervention of the Organization:

A. Thematic Interventions

- Awareness & Advocacy
- Livelihood Promotion
- Quality Education
- End Cast Based Discrimination

B. Cross-Cutting Interventions:

- Gender Equality and Social Inclusion (GESI) Mainstreaming
- Environmental Sustainability and Climate Change Adoption
- Conflict Sensitivity

Target Groups:

- Madesi Dalits
- Women
- Oppressed and disadvantaged communities
- Forced and migrant labors
- Adolescents and Children

Major Stakeholders:

- Civil Society Organizations and Human Rights Organizations
- Government Offices
- Political parties
- Rural Municipality/Municipality/DCC and local elected representatives
- Member of provincial and State Assembly
- National and International Funding Agencies

Major Donors and Partners:



- ❖ Sakhuwa Prasawni
Rural municipality
Nepal
- ❖ URI
- ❖ Smile4millions
organization

Collaboration and Partnership:

- Governance Federation,
- Nepal Bar Association,
- District Coordination
Committee (DCC),
- District Education Office
(DEO),
- NGO Federation,
- Office of the Rural
Municipality/Municipality,
- Issues Based Movement and
Community Based
Organizations (CBOs)

Dalits, also known as Scheduled Castes, are an oppressed community in South Asia, encompassing nations such as Nepal, India, Pakistan, and Bangladesh. The term "Dalit" signifies individuals who are downtrodden and oppressed, belonging to the lowest echelons of the traditional Hindu caste system.

Historically, Dalits have endured profound social discrimination and exclusion due to their caste, which is predetermined at birth. They have been subjected to various forms of untouchability, deprivation, and unequal treatment. This discrimination has permeated nearly every aspect of their lives, including social interactions, education, employment opportunities, access to resources, and representation in political and administrative positions.

Dalit communities comprise individuals from diverse castes and occupations. They often engage in tasks traditionally deemed menial, such as manual scavenging, leatherwork, sanitation, and other labor-intensive jobs. The stigma associated with their work and caste has resulted in social segregation and limited prospects for social mobility.

In recent years, there has been a growing awareness and movement for Dalit rights.

The Dalit community, with the support of civil society organizations, activists, and allies, is striving to challenge and eradicate caste-based discrimination. These efforts encompass advocating for equal rights, social justice, and access to education, land rights, employment opportunities, and political representation.

Governments in South Asian countries have undertaken initiatives to address the concerns of the Dalit community through legislation, affirmative action policies, and awareness campaigns. These endeavors aim to eliminate discrimination and ensure the social inclusion and upliftment of Dalits.

While progress has been achieved, the journey towards complete equality and social justice for Dalits remains ongoing. Overcoming deeply ingrained social prejudices, challenging discriminatory practices, and fostering a more inclusive society necessitate concerted efforts from all stakeholders. Constructing a society that respects the rights and dignity of every individual, irrespective of their caste or background, is an indispensable step towards a more just and equitable future.

In Nepal, Dalits continue to confront significant social, economic, and political challenges. Despite endeavors by the government and civil society to address caste-based discrimination, substantial disparities persist, and the struggle for equal rights and social inclusion endures.

One of the primary issues faced by Dalits in Nepal is access to fundamental services, including education, healthcare, and sanitation. They frequently encounter barriers that impede their full utilization of these services, limiting their opportunities for socio-economic development.

Economically, Dalits often encounter restricted access to land, economic opportunities, and credit facilities. This economic imbalance perpetuates poverty and hampers their ability to enhance their living conditions and livelihoods.

Politically, Dalits are underrepresented in decision-making roles and political institutions. Although reservation policies have been implemented to ensure their representation, there is still a need for

increased participation and meaningful inclusion of Dalits at all levels of governance.

Dalits also face social discrimination and prejudice, with instances of untouchability and caste-based violence still prevalent in certain areas. This discrimination affects their social mobility, access to public spaces, and interactions between castes.

Furthermore, the implementation and enforcement of laws and policies aimed at safeguarding the rights of Dalits remain challenging. Continued advocacy, awareness, and capacity-building efforts are necessary to promote and protect the rights of Dalits in Nepal.

It is crucial to acknowledge that progress has been made in addressing the challenges faced by Dalits, including legal reforms, affirmative action policies, and awareness campaigns. However, sustained efforts are required to ensure their complete social inclusion, equal opportunities, and the eradication of caste-based discrimination in Nepal.

The Madhesi Dalit community in Nepal encounters multiple challenges, encompassing social, economic, and political disparities. As a marginalized group within the Madhesi population, they frequently confront obstacles that hinder their access to basic services, education, healthcare, and employment opportunities.

In terms of social discrimination, Madhesi Dalits experience prejudice and exclusion due to their caste. Instances of untouchability and caste-based violence can still be found in certain communities, severely impacting their social mobility and overall well-being.

Economically, Madhesi Dalits often face socio-economic disadvantage, limited access to land, and unequal employment opportunities. Poverty rates are higher among this community, making it difficult for them to break free from the cycle of poverty and improve their living conditions.

Political representation is another area where Madhesi Dalits encounter challenges. While reservation policies have been implemented to ensure representation, meaningful participation and inclusion in decision-making processes at all levels remain limited.

Efforts have been made by the government and various organizations to address the issues faced by Madhesi Dalits. Legal reforms, affirmative action policies, and awareness campaigns have been initiated to promote their rights and social inclusion. However, significant progress is still needed to overcome deeply rooted discrimination and ensure equal opportunities for the Madhesi Dalit community.

It is important to continue advocating for social justice, equal rights, and the elimination of caste-based discrimination to create a more inclusive and equitable society for Madhesi Dalits in Nepal.

Brief Introduction of Nepal, Madhesh Province and Parsa District

Nepal is a landlocked country located in Asia, nestled between India to the east, south, and west, and China's Tibet Autonomous Region to the north. Its landscape is dominated by the immense Himalayan mountain range. The country stretches about 500 miles from east to west and 90 to 150 miles from north to south. The capital city is Kathmandu.

The country can be divided into three main regions from south to north. First, there's the Terai, a low-lying fertile land near the Indian border. Next is the hilly region, and finally, the towering mountains, comprising roughly 75 percent of Nepal's land.

Since adopting a federal structure, Nepal is now organized into seven provinces and seventy-seven districts. One of these provinces is Madhesh, which shares borders with India to the south and west, Bagmati province to the north, and Koshi province to the east. Madhesh province includes 73 municipalities and 59 rural municipalities, covering an area of 9,661 square kilometers, making up about 6.5% of the country's total land area. Despite being the smallest province in terms of area, it's the most densely populated, with

a population of 6,126,288 as per the 2021 Nepal census.

Despite some progress over recent decades, Madhesh province continues to face developmental challenges. A significant portion of its population lives below the poverty line, with a per capita income of US \$1072, notably lower than the national average. The literacy rate stands at 63.5% (with 72.5% for males and 54.7% for females), reflecting the need for improved education access and quality. The Human Development Index (HDI) for the province is 0.519, indicating room for substantial growth.¹ The average life expectancy in Madhesh province is 71.8 years.² Additionally, 5.6% of the total population lacks access to safe water, and only 35.8% of households have proper toilet facilities.³ Ethnically, Madhesh is home to diverse groups, including Yadav (15.2%), Muslim (13%), Teli (5.3%), Tharu (4.9%), Kushwara (4.5%), Ram (4.4%), Dhanuk (3.6%), Kurmi (3%),

¹ source: madhesh.gov.np

² source: Department of Health Services.

³ source: Central Bureau of Statistics

Musahar (2.9%), and Pasawan (2.9%)⁴. Maithali is the most commonly spoken language, used by 41.7% of the population. The majority of the inhabitants adhere to Hinduism (84.2%), followed by Buddhism (2.2%).⁵ The province significantly contributes to Nepal's GDP, amounting to US \$6.9 billion.

Madhesh province boasts several notable tourist attractions, including the Janaki Temple and Koshi Barrage, attracting visitors to the region. Janaki Temple, also known as Janakpur Temple, is a significant religious and cultural landmark located in Janakpur, a city in the Madhesh Province of Nepal. Janaki Temple in the Madhesh Province of Nepal is of great religious, cultural, economic, and historical significance. It plays a crucial role in attracting tourists, preserving cultural heritage, promoting local economy, and fostering unity among the people. There are many places to visit like Gateway of Nepal (Birgunj Border), Ghadiarwa Pokhari and Gahawamai Temple in Birgunj. Parsa National Park(Parsa), Vata Mandir(Parsa), Barahawa Lake(Rautahat), Janakpur Railway (Janakpur), Koshi Tappu (Sunsari/Saptari) in Madhesh province.

⁴ source: Central Bureau of Statistics

⁵ source: Central Bureau of Statistics

Parsa District, located in the Madhesh Province of Nepal, is home to a significant Dalit community. The Dalit community, also known as the untouchables, faces unique challenges and experiences within Parsa District.

The Dalit community in Parsa District primarily engages in agricultural activities, contributing to the district's economy. However, they often face disparities in terms of access to land, credit, and resources compared to other communities. This economic imbalance can hinder the overall socio-economic development of the Dalit community.

Education is another crucial aspect for the Dalit community in Parsa District. While efforts have been made to promote education for all, Dalit children often face barriers such as financial constraints, social discrimination, and limited access to quality education. These difficulties can perpetuate the cycle of poverty and limit their opportunities for upward mobility.

The Dalit community also faces social discrimination and caste-based prejudices within Parsa District. Despite legal efforts to address caste-based discrimination, the practice still persists in various forms. Dalits often experience social exclusion, limited access to public spaces, and discrimination in employment

opportunities, perpetuating social and economic disparities.

Efforts are being made by local organizations, NGOs, and the government to address these challenges and uplift the Dalit community in Parsa District. Initiatives include awareness campaigns, skill development programs, scholarships, and advocacy for equal rights and opportunities.

Additionally, various cultural and social organizations within the Dalit community work towards preserving Dalit cultural heritage, promoting social cohesion, and empowering community members. These organizations play a vital role in

supporting the Dalit community's advancement and fostering a sense of pride and identity.

It is important to recognize the struggles faced by the Dalit community in Parsa District. Efforts should continue to promote equal opportunities, access to education, land rights, and social integration for the Dalit community. By addressing these challenges and embracing inclusive development, Parsa District can work towards a more equitable and harmonious society for all its residents.

1. Monitoring the progress of free tuition class for Dalit children and discussion program with Dalit community leaders

- **Project Name:** Program Name: "Dalit Education & Community Dialogue Initiative"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** Peace4Dalits Foundation

Nepal

- **Benefitted Population:** 509
(Boys: 254) (Girls: 255)



- **Objectives of the program:**
 - To provide free tuition classes for Dalit children to enhance their educational opportunities and performance.
 - To facilitate open dialogues and discussions with Dalit community leaders to address their concerns and perspectives.
 - To foster a supportive environment for collaboration, understanding, and empowerment within the Dalit community for sustainable progress.
- **Major Activities:**
 - Organized regular academic support sessions, including tutoring and mentoring, to improve educational outcomes for Dalit children.
 - Offered supplementary learning materials and resources to enhance their understanding of core subjects.
 - Arranged scheduled discussions and forums with Dalit community leaders to openly address social, economic, and educational challenges.

- Facilitated constructive dialogues to promote understanding, unity, and collective problem-solving within the Dalit community.
 - Conducted workshops focusing on skill development, career guidance, and self-confidence building to empower Dalit youth and adults.
 - Provided resources and information on opportunities for higher education, vocational training, and entrepreneurship to promote self-sustainability.
- **Major Achievements:**
 - Demonstrated enhanced academic progress among Dalit children through regular attendance and participation in the free tuition classes, resulting in improved grades and educational outcomes.
 - Fostered a more active and engaged Dalit community by successfully organizing and facilitating community dialogue sessions, providing a platform for open communication and addressing critical issues.
 - Enabled Dalit youth and adults to acquire valuable skills and knowledge through empowerment workshops, leading to increased self-confidence, improved employability, and greater potential for economic independence.
- **Summary:**
 - **The initiative focused on improving education for Dalit children, engaged community leaders in open dialogues, and empowered both youth and adults with crucial skills. These efforts aligned directly with the Sustainable Development Goal of Education for All. By bridging educational gaps, promoting inclusivity, and empowering individuals, the initiative significantly contributed to the goal of ensuring quality education for everyone.**

2. A discussion program on the issue of poor dalits in the community

- **Project Name:** "Dalit Voices Unveiled: Addressing Poverty Within the Community"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** Peace4Dalits Foundation Nepal
- **Benefitted Population:** 320
(Male: 160) (Female: 160)



- **Objectives of the program:**
 - To raise Awareness: Increase understanding and awareness of the unique challenges and poverty faced by Dalit individuals within the community.
 - To facilitate Dialogue: Provide a platform for open and constructive discussions among Dalit community members to address the root causes and effects of poverty, enabling collective problem-solving.
 - To advocate for Change: Mobilize the community towards proactive measures, policy advocacy, and empowerment initiatives aimed at alleviating poverty and improving the socio-economic conditions of Dalit community members.
- **Major Activities:**
 - Organize educational sessions to inform the Dalit community about poverty-related issues, its impact, and potential solutions.
 - Provide information on access to education, employment opportunities, and skill development to break the cycle of poverty.
 - Conduct forums where Dalit community members can openly share their experiences, perspectives, and ideas related to poverty and its eradication.
 - Arrange panel discussions featuring experts, activists, and community leaders to provide insights and expertise

on poverty-related challenges and potential interventions.

- Launch advocacy campaigns to raise awareness about poverty within the Dalit community, engaging with local stakeholders, media, and governmental bodies.
 - Mobilize the community to advocate for policy changes and initiatives that address poverty, social discrimination, and economic disparities affecting Dalit individuals.
- **Major Achievements:**
- Increased community awareness and engagement regarding the issue of poverty among Dalit individuals through successful educational workshops and interactive seminars.
 - Enabled the Dalit community to express their concerns and viewpoints openly, fostering a sense of empowerment and unity among community members during panel discussions and forums.
 - Catalyzed efforts to advocate for policy changes and initiatives aimed at reducing poverty and addressing socio-economic disparities within the Dalit community, promoting a more inclusive and equitable society.
- **Summary:**
- **The initiative empowered the Dalit community through awareness and dialogue, advocating for policies to combat poverty and foster inclusivity. This aligned strongly with the Sustainable Development Goal of No Poverty, as it actively worked to address and diminish poverty within the community through targeted advocacy and empowerment initiatives.**

3. nutrition food program for Dalit children and their parents

- **Project Name:** "Dalit Family Nourishment Initiative"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** Peace4Dalits Foundation
Nepal



- **Benefitted Population:** 458
(Boys: 229) (Girls: 229)

- **Objectives of the program:**

- **Ensure Adequate Nutrition:** Provide nutritious meals to Dalit children and their parents to address malnutrition and improve overall health.
- **Enhance Health Awareness:** Promote awareness and education about balanced diets, hygiene, and healthy habits to optimize the well-being of Dalit families.
- **Encourage Community Support:** Cultivate a sense of community by fostering collaboration and support among Dalit families, empowering them towards sustainable nutrition practices and improved health outcomes.

- **Major Activities:**

- Distributed nutritious meals to Dalit children and their parents regularly, addressing immediate nutritional needs.
- Conducted nutrition workshops and educational sessions, educating participants about healthy dietary choices, portion control, and essential nutrients.
- Organized health awareness campaigns within the Dalit community, raising awareness about proper hygiene, sanitation, and disease prevention.

- Provided information on maintaining a healthy lifestyle, emphasizing exercise, proper nutrition, and regular medical check-ups.
 - Established support groups within the community, encouraging the sharing of experiences and best practices related to nutrition and health.
 - Facilitated community discussions and activities that promoted collective responsibility, mutual support, and sustainable nutrition practices among Dalit families.
- **Major Achievements:**
 - Significantly enhanced the nutritional well-being of Dalit children and their parents through regular nutritious meal distributions and educational workshops on balanced diets.
 - Successfully instilled awareness and adoption of healthier habits within the Dalit community, including proper hygiene, dietary choices, and proactive healthcare practices.
 - Strengthened community bonds and social support networks among Dalit families, encouraging a collective approach to addressing nutrition-related challenges and promoting sustainable health practices.
- **Summary:**
 - **The "Dalit Family Nourishment Initiative" provided nutritious meals and educational workshops to improve the well-being of Dalit children and their parents. Through food distributions, nutrition education, and health awareness campaigns, the program achieved better nutritional status and healthier community habits. It aligned with Sustainable Development Goals (Zero Hunger) and (Good Health and Well-being) by addressing hunger, improving nutrition, and promoting sustainable health practices within the Dalit community.**

4. Distribution of food items for elderly poor citizens affected by covid-19 during lockdown

- **Project Name:** "Food Relief distribution for Elderly Citizens Affected during Lockdown"
- **Catchment Area:** Parsa District
- **Duration of the program:** 2 years
- **Funding Agency:** United Religious initiative
URI
- **Benefitted Population:** 500
(Male: 250) (Female: 250)
- **Objectives of the program:**



- Provide essential food items to elderly citizens affected by COVID-19 lockdowns to ensure they have access to sufficient and nutritious meals during this challenging period.
 - Ease the financial burden on elderly individuals by supplying food items, thereby contributing to their economic stability and reducing worries related to food insecurity.
 - Support the overall health and well-being of elderly citizens by delivering nutritious food, aiming to boost their immune system and enhance their resilience against potential health threats, including COVID-19.
- **Major Activities:**
 - Procure essential food items, including staples and non-perishables, and distribute them to elderly citizens in need, following safety protocols and considering their dietary requirements.
 - Conduct outreach efforts to identify and register elderly individuals in need of food assistance, ensuring equitable distribution to those most affected by the lockdown.

- Recruit and train volunteers to assist in the efficient distribution of food items, emphasizing safety measures and compassionate interaction with elderly citizens to maintain a supportive and caring environment.
- **Major Achievements:**
 - Ensured a consistent supply of essential food items to elderly citizens, significantly improving their nutritional intake and contributing to their overall health during the COVID-19 lockdown.
 - Successfully reduced food insecurity among elderly individuals by providing timely and adequate food assistance, easing financial strain and promoting a sense of stability and security.
 - Mobilized a team of volunteers and engaged the community in supporting the elderly, fostering a culture of solidarity and care, ultimately enhancing the well-being and mental health of the elderly population during challenging times.
- **Summary:**
 - **The "Project Nourish: COVID-19 Relief for Elderly Citizens" effectively provided essential food items to elderly individuals affected by pandemic-related lockdowns, aligning with Sustainable Development Goal: (Zero Hunger). This initiative addressed food insecurity and ensured consistent nutrition for this vulnerable group. Additionally, by promoting the well-being and resilience of the elderly during challenging times, it indirectly contributed to Sustainable Development Goal: (Good Health and Well-being.)**

5. Distribution of food items to the extremely poor families affected by the lockdown in Dalit villages

- **Project Name:** Program Name: "Dalit Food Relief Initiative program"
- **Catchment Area:** Parsa District
- **Duration of the program:** 2 years
- **Funding Agency:** Peace4Dalits Foundation
Nepal
- **Benefitted Population:** 600
(Male: 300) (Female: 300)
- **Objectives of the program:**
 - Provide essential food items to extremely poor families in Dalit villages affected by the lockdown, ensuring their basic sustenance and alleviating hunger.
 - Lessen the economic burden on vulnerable families by supplying necessary food provisions, aiming to stabilize their livelihoods and reduce financial stress.
 - Strengthen the resilience of Dalit communities by fostering unity and support during challenging times, ultimately enhancing their ability to withstand the adverse effects of the lockdown.
- **Major Activities:**
 - Procure essential food items such as grains, pulses, vegetables, and other staples in bulk.
 - Organize and manage the packaging of these items into ration kits for distribution to targeted families.
 - Plan and execute a systematic distribution campaign to reach extremely poor families in Dalit villages, considering COVID-19 safety measures.
 - Mobilize volunteers to assist in the efficient and equitable distribution of food items, ensuring coverage to all identified households.



- Conduct awareness campaigns regarding hygiene, nutrition, and COVID-19 preventive measures within the Dalit communities.
- Establish helplines or support systems to address queries and provide assistance to families in need, fostering a sense of community support and guidance.
- **Major Achievements:**
 - Successfully provided essential food items to extremely poor families, ensuring their sustenance and reducing the immediate threat of hunger during the lockdown.
 - Eased the financial strain on vulnerable families by supplying vital food provisions, contributing to their economic stability and reducing financial distress.
 - Strengthened community bonds and resilience within Dalit villages by fostering a sense of unity and support, enabling them to face the challenges of the lockdown collectively.
- **Summary:**
 - **The "Dalit Food Relief Initiative program" effectively addressed the urgent needs of extremely poor families in Dalit villages affected by the lockdown. By providing essential food items, the program ensured sustenance, alleviated economic stress, and promoted community resilience. This initiative played a critical role in supporting vulnerable families during the challenging times of the lockdown, fostering a sense of unity and collective strength within the Dalit communities.**

6. Distribution of food to extremely poor Dalits affected by the lockdown

- **Project Name:** "Dalit Food Security Support during Lockdown"

- **Catchment Area:** Parsa District

- **Duration of the program:** 2 years

- **Funding Agency:** Peace4Dalits Foundation

Nepal

- **Benefitted Population:** 508

(Male: 254) (Female: 254)



- **Objectives of the program:**

- Provide immediate food assistance to alleviate hunger and malnutrition among extremely poor Dalit families impacted by the lockdown.
- Ensure equitable distribution of essential food items to vulnerable Dalit households, targeting those most affected by the lockdown's economic repercussions.
- Foster community resilience by uniting efforts and resources to support Dalit families, mitigating the adverse effects of the lockdown on their overall well-being.

- **Major Activities:**

- Source and procure essential food items such as rice, lentils, vegetables, and cooking oil in bulk to prepare relief packages.
- Organize volunteers to assist in the sorting, packaging, and preparation of food parcels for distribution.
- Plan and execute a structured distribution drive to deliver food relief packages directly to the homes of extremely poor Dalit families.
- Conduct community outreach to identify vulnerable households, ensuring the equitable distribution of food items to those most in need.

- Organize educational sessions on proper nutrition, hygiene, and COVID-19 safety measures within the Dalit community.
- Engage with local leaders and volunteers to encourage community participation, creating a supportive network for ongoing assistance and empowerment.
- **Major Achievements:**
 - Distributed essential food items to alleviate hunger and malnutrition among a significant number of extremely poor Dalit families affected by the lockdown.
 - Successfully reached and provided food assistance to a wide array of vulnerable Dalit households, ensuring a fair distribution of relief packages based on need.
 - Engaged the Dalit community in educational initiatives, enhancing their understanding of proper nutrition and hygiene practices during the challenging lockdown period.
- **Summary:**
 - **The "Dalit Food Security Support during Lockdown" program effectively provided essential food items to mitigate hunger and malnutrition among vulnerable Dalit families. Achievements encompass widespread food distribution, targeted support, and enhanced community awareness regarding health and hygiene practices.**

7. Distribution of food items for the extremely poor Dalit community affected by the lockdown in Maniharwa village and Naya tol of Parsa district

- **Project Name:** "Dalit Food Aid: Reaching the Vulnerable population in Parsa District"

- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** Our Sansar Nepal
- **Benefitted Population:** 300

(Male: 150) (Female: 150)



- **Objectives of the program:**

- Provide essential food items to the extremely poor Dalit community in Maniharwa Village and Naya Tol to mitigate hunger and food insecurity caused by the lockdown.
- Lessen the economic burden on vulnerable families by supplying necessary food provisions, supporting their financial stability during challenging times.
- Strengthen community bonds and solidarity among the Dalit population in the target areas, promoting collective support and a sense of shared responsibility during the lockdown.

- **Major Activities:**

- **Food items Procurement and Preparation:**

- Source essential food items such as rice, lentils, vegetables, and oil in bulk quantities.
- Organize volunteers to sort, pack, and prepare food parcels for distribution.

- **Distribution Drive and Outreach:**
 - Conduct a systematic distribution campaign, delivering food relief packages to the doorstep of vulnerable Dalit families.
 - Implement community outreach strategies to identify and prioritize households in need within Maniharwa Village and Naya Tol.

- **Community Engagement and Support:**
 - Organize educational sessions on nutrition, hygiene, and COVID-19 safety measures within the Dalit community.
 - Collaborate with local leaders and volunteers to encourage community engagement, creating a network of support for ongoing assistance and empowerment.

- **Major Achievements:**
 - Provided essential food items to alleviate hunger and food insecurity for a significant number of extremely poor Dalit families in Maniharwa Village and Naya Tol during the lockdown.
 - Successfully distributed relief packages to vulnerable Dalit households, addressing their immediate needs and ensuring equitable assistance based on the severity of the situation.
 - Engaged the Dalit community in educational sessions, fostering a greater understanding of proper nutrition, hygiene practices, and COVID-19 safety measures, contributing to enhanced overall well-being.

- **Summary:**

- **The "Dalit Food Aid: Reaching the Vulnerable population in Parsa District" initiative swiftly distributed essential food items to alleviate hunger and insecurity among the extremely poor Dalit community in Maniharwa Village and Naya Tol during the lockdown. Notable achievements include widespread food distribution, targeted support, and enhanced community awareness regarding health and safety practices.**

8. Distribution of food items program for underprivileged Dalits affected by lockdown in Jagarnathipur rural municipality of Parsa district

- **Project Name:** "Parsa Dalit Food Relief Campaign: Nourishing Jagarnathipur Rural Municipality"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** Our Sansar Nepal
- **Benefitted Population:** 340
(Male: 170) (Female: 170)



- **Objectives of the program:**

- Provide essential food items to underprivileged Dalit families in Jagarnathipur Rural Municipality, mitigating nutritional deficiencies exacerbated by the lockdown.
- Alleviate financial stress on vulnerable families by supplying crucial food provisions, assisting in stabilizing their economic situation during the lockdown period.
- Strengthen the resilience of the Dalit community in Jagarnathipur Rural Municipality by promoting unity and collective support, ensuring that they can overcome the adverse effects of the lockdown together.

- **Major Activities:**

- Procure a variety of essential food items, including grains, pulses, vegetables, and cooking oil, in sufficient quantities.
- Organize volunteers to assist in sorting, packing, and preparing food parcels for efficient distribution.
- Conduct a focused and organized distribution campaign, ensuring equitable distribution of food relief packages to underprivileged Dalit families in Jagarnathipur Rural Municipality.
- Utilize community-driven data to target the most affected households and prioritize those in dire need of assistance.
- Organize educational sessions and workshops within the Dalit community on proper nutrition, hygiene practices, and adherence to COVID-19 safety protocols.
- Engage with local leaders and volunteers to encourage community involvement and support, establishing a network for ongoing assistance and empowerment.

- **Major Achievements:**

- Successfully provided essential food items to underprivileged Dalit families, ensuring sufficient and balanced nutrition to combat hunger and malnutrition exacerbated by the lockdown.
- Alleviated financial strain on vulnerable families by supplying essential food provisions, assisting in stabilizing their economic situation and reducing immediate financial worries.
- Strengthened community bonds and unity within the Dalit population of Jagarnathipur Rural Municipality, promoting collective support and empowering them to face the challenges of the lockdown with resilience.

- **Summary:**

- **The "Parsa Dalit Food Relief campaign: Nourishing Jagarnathipur Rural Municipality" initiative effectively provided essential food items to underprivileged Dalit families, addressing nutritional deficiencies and economic challenges heightened by the lockdown. Achievements included widespread food distribution, economic relief, and the strengthening of community resilience. This initiative aligned primarily with Sustainable Development Goal: Zero Hunger by directly tackling food insecurity. Additionally, it indirectly contributed to Sustainable Development Goal: (No Poverty) and (Good Health and Well-being) by offering economic support and enhancing community resilience.**

9. Food items distribution program for the extremely poor Chamar community affected by the lockdown in Jirabwani rural municipality ward number 4 of Parsa district.

- **Project Name:** "Parsa Chamar Community Food Relief program: Nourishing Jirabwani R.M. Ward 4"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** Chamar Welfare Society
- **Benefitted Population:** 125
(Male: 62) (Female: 63)



- **Objectives of the program:**
 - **Ensure Food Security:** Provide essential food items to the extremely poor Chamar community in Jirabwani Rural Municipality Ward 4, alleviating hunger and

ensuring access to adequate nutrition during the lockdown.

- Alleviate Economic Hardship: Lessen the financial burden on vulnerable families by supplying necessary food provisions, supporting their economic stability during challenging times.
- Foster Community Resilience: Strengthen community bonds and unity among the Chamar population in Jirabwani Rural Municipality, promoting collective support and a sense of shared responsibility to overcome the impacts of the lockdown.
- **Major Activities:**
 - **Food Procurement and Preparation:**
 - Source essential food items like grains, lentils, vegetables, and cooking oil in bulk quantities.
 - Organize volunteers to sort, pack, and prepare food parcels for efficient distribution.
 - **Targeted Distribution Campaign:**
 - Conduct a focused and organized distribution campaign, ensuring equitable delivery of food relief packages to extremely poor Chamar families in Jirabwani Rural Municipality Ward 4.
 - Utilize community-driven data to identify the most affected households and prioritize those in urgent need of assistance.
 - **Community Engagement and Support:**
 - Organize educational sessions and workshops within the Chamar community on proper nutrition, hygiene practices, and adherence to COVID-19 safety protocols.

- Engage with local leaders and volunteers to encourage community involvement and support, establishing a network for ongoing assistance and empowerment.

- **Major Achievements:**

- Successfully provided essential food items to the extremely poor Chamar community, ensuring their access to sufficient nutrition and addressing hunger exacerbated by the lockdown.
- Eased financial burdens on vulnerable Chamar families by supplying necessary food provisions, contributing to their economic stability and reducing immediate financial stress.
- Bolstered community solidarity and unity among the Chamar population in Jirabwani Rural Municipality Ward 4, fostering a collective approach to overcoming the adverse effects of the lockdown and supporting one another.

- **Summary:**

- **The "Parsa Chamar Community Food Relief program: Nourishing Jirabwani R.M. Ward 4" initiative effectively provided essential food items to the extremely poor Chamar community, addressing hunger and ensuring adequate nutrition during the lockdown. Achievements include widespread food distribution, economic relief, and strengthened community resilience through unity and support.**

10. Distribution of food items for the Dalit community affected by Covid-19 in Jirabhavani Rural Municipality of Parsa District

- **Project Name:** "Parsa Dalit COVID-19 Food Relief program: Jirabhavani Rural Municipality"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** Intra National Welfare and Support foundation of America
- **Benefitted Population:** 1000
(Male: 500) (Female:500)



- **Objectives of the program:**
 - **Ensure Food Security:**
 - Provide essential food items to the Dalit community in Jirabhavani Rural Municipality, mitigating food insecurity and addressing the impact of COVID-19.
 - **Alleviate Economic Hardship:**
 - Ease the economic burden on Dalit families by supplying necessary food provisions, supporting their financial stability during the pandemic.
 - **Promote Health and Well-being:**
 - Enhance the overall health and well-being of the Dalit community by delivering nutritious food, aiming to boost their immune system and resilience against COVID-19.
- **Major Activities:**
 - Procure essential food items such as grains, pulses, vegetables, and cooking oil in bulk.
 - Organize a systematic distribution of these items to Dalit households in Jirabhavani Rural Municipality, ensuring equitable access.

- Conduct educational sessions on COVID-19 preventive measures, hygiene, and health protocols within the Dalit community.
 - Provide information and resources on COVID-19 testing centers, vaccinations, and available healthcare support.
 - Engage with local Dalit leaders and volunteers to mobilize support and ensure the smooth implementation of the food distribution and awareness activities.
 - Establish helplines or support systems to address queries, provide assistance, and encourage community involvement in combatting the effects of COVID-19.
- **Major Achievements:**
 - Successfully provided essential food items to the Dalit community, addressing immediate food security concerns during the COVID-19 pandemic.
 - Raised awareness about COVID-19 preventive measures and health protocols within the Dalit community, contributing to a safer and more informed population.
 - Fostered a sense of community support and solidarity among the Dalit population, promoting collective efforts to combat the challenges posed by COVID-19 in Jirabhavani Rural Municipality.
- **Summary:**
 - **The "Parsa Dalit COVID-19 Food Relief program: Jirabhavani Rural Municipality" program effectively addressed food security concerns by distributing essential food items to the Dalit community. Concurrently, it raised health awareness about COVID-19 preventive measures and encouraged a strong sense of community support, enhancing resilience during the pandemic in Jirabhavani Rural Municipality.**

11. Distribution of food items to the Covid-affected Dalit community of Vindwasini village in Parsa district

- **Project Name:** "Parsa Dalit COVID-19 Food Relief program: Nourishing Vindwasini Village"

- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** Peace4Dalits Foundation Nepal



- **Benefitted Population:** 340 (Male: 170) (Female: 170)
- **Objectives of the program:**
 - Provide essential food items to the COVID-affected Dalit community in Vindwasini Village, addressing food insecurity and immediate nutritional needs during the pandemic.
 - Lessen the health and economic burden on Dalit families by supplying necessary food provisions, supporting their physical well-being and economic stability during challenging times.
 - Strengthen community bonds and unity among the Dalit population in Vindwasini Village, fostering collective support and a sense of shared responsibility to overcome the adverse effects of the pandemic.
- **Major Activities:**
 - Procure essential food items like grains, lentils, vegetables, and cooking oil in adequate quantities.
 - Organize a systematic and safe distribution of these items to households within the COVID-affected Dalit community in Vindwasini Village.
 - Conduct educational sessions on COVID-19 preventive measures, hygiene, and health protocols within the Dalit community.

- Distribute informational materials and resources about COVID-19 testing centers, vaccination drives, and available healthcare support.
 - Engage with local Dalit leaders and volunteers to mobilize support and ensure efficient implementation of the food distribution and awareness activities.
 - Establish communication channels to address queries, provide assistance, and encourage community involvement in efforts to combat the effects of COVID-19.
- **Major Achievements:**
- Procure essential food items like grains, lentils, vegetables, and cooking oil in adequate quantities.
 - Organize a systematic and safe distribution of these items to households within the COVID-affected Dalit community in Vindwasini Village.
 - Conduct educational sessions on COVID-19 preventive measures, hygiene, and health protocols within the Dalit community.
 - Distribute informational materials and resources about COVID-19 testing centers, vaccination drives, and available healthcare support.
 - Engage with local Dalit leaders and volunteers to mobilize support and ensure efficient implementation of the food distribution and awareness activities.
 - Establish communication channels to address queries, provide assistance, and encourage community involvement in efforts to combat the effects of COVID-19.

- **Summary:**
 - **The "Parsa Dalit COVID-19 Food Relief program: Nourishing Vindwasini Village" initiative effectively addressed food security by distributing essential food items to the COVID-affected Dalit community. Concurrently, it raised health awareness about COVID-19 preventive measures and encouraged a strong sense of community support, enhancing resilience during the pandemic in Vindwasini Village.**

12. Nutrition program for Dalit children participating in free tuition classes for Dalit children conducted in Dalit settlement area of Sakhuwa Prasauni rural municipality ward number 2 of Parsa district

- **Project Name:** "Nourish Dalit: Supporting Education and Nutrition in Sakhuwa Prasauni Rural Municipality"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** Peace4Dalits

Foundation Nepal

- **Benefitted Population:** 309
(Boys: 155) (Girls: 154)
- **Objectives of the program:**
 - Provide nutritious meals to Dalit children participating in free tuition classes, aiming to improve their overall health and well-being.
 - Enhance the educational experience for Dalit children by complementing free tuition classes with proper nourishment, enabling better concentration and academic performance.
 - Empower the Dalit settlement in Sakhuwa Prasauni Rural Municipality by fostering educational growth and fostering a sense of community support through this feeding program.



- **Major Activities:**

- Prepare nutritious meals suitable for Dalit children, considering dietary requirements and preferences.
- Organize the systematic distribution of meals to participating children during the free tuition classes.
- Conduct educational sessions on health, hygiene, and the importance of a balanced diet for the participating children.
- Engage children in interactive activities to promote understanding and adoption of healthy practices.
- Involve the local community in the planning and execution of the program to ensure its success and sustainability.
- Recruit and train volunteers to assist in meal preparation, distribution, and educational activities, fostering a sense of ownership and collaboration.

- **Major Achievements:**

- Successfully improved the nutritional status of Dalit children through regular provision of balanced and nourishing meals during the free tuition classes.
- Facilitated increased concentration and active participation in educational activities among Dalit children, contributing to their overall academic progress.
- Strengthened community engagement and collaboration, fostering a sense of unity and shared responsibility for the educational and nutritional needs of Dalit children in Sakhuwa Prasauni Rural Municipality Ward Number 2.

- **Summary:**
 - **The "Nourished Dalit" initiative provided nutritious meals to Dalit children during free tuition classes in Sakhuwa Prasauni Rural Municipality Ward Number 2. The program significantly improved the children's nutritional well-being, encouraging active engagement in educational activities and fostering a strong sense of community support and collaboration.**

13. A discussion program on "Empowerment of the Dalit community in Parsa district Jagarnathpur and the situation of the Dalit community."

- **Project Name:** "Dialogue program on Dalit Empowerment: Unveiling realities of Parsa District "
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** Peace4Dalits Foundation Nepal
- **Benefitted Population:** 350
(Male: 175) (Female: 175)
- **Objectives of the program:**
 - Enhance awareness and understanding of the empowerment challenges faced by the Dalit community in Jagarnathpur, Parsa District.
 - Encourage an open dialogue among community members, stakeholders, and leaders to discuss the unique situation and experiences of the Dalit community.
 - Identify actionable strategies and foster collaborative efforts to empower the Dalit community and address their specific needs and concerns effectively.



- **Major Activities:**

- Organize panel discussions with experts and community leaders to share insights on Dalit empowerment, focusing on the challenges and opportunities in Parsa District, Jagarnathpur.
- Conduct workshops and interactive dialogues within the Dalit community to facilitate open conversations, sharing experiences, and gathering diverse perspectives.
- Encourage participants to propose actionable solutions and create an action plan to advocate for and address the issues affecting the empowerment of the Dalit community in the targeted area.

- **Major Achievements:**

- Raised awareness about the empowerment challenges faced by the Dalit community in Parsa District, encouraging active engagement and dialogue among community members.
- Equipped community members with knowledge and insights to advocate for the rights and empowerment of the Dalit community effectively, fostering collaboration and collective action.
- Developed actionable strategies and action plans to address the unique needs and challenges of the Dalit community in Jagarnathpur, laying the foundation for sustainable empowerment efforts.

- **Summary:**

- **The "Dialogue program on Dalit Empowerment: Unveiling realities of Parsa District " in Parsa District, Jagarnathpur, sparked heightened awareness and engagement regarding the empowerment challenges faced by the Dalit community. By fostering informed advocacy, collaboration, and actionable plans, the program set the stage for meaningful and sustainable efforts towards the empowerment of the Dalit community in the targeted area.**

14. Distribution of food items to very poor Dalit and disabled families of Fatwa Vijaypur Municipality 6 Petbharwa village in Rautahat district, especially rice, pulses, salt, oil, potatoes, soap and Detergent.

- **Project Name:** "Food Relief for Rautahat Dalit and Disabled: Nourishing Petbharwa Village"

- **Catchment Area:** Rautahat District
- **Duration of the program:** 2 years
- **Funding Agency:** Peace4Dalits Foundation Nepal

- **Benefitted Population:** 409
(Male: 204) (Female: 205)



- **Objectives of the program:**
 - Provide essential food items to very poor Dalit and disabled families in Petbharwa Village to alleviate hunger and address nutritional deficiencies.
 - Support and empower Dalit and disabled families by supplying crucial food provisions, contributing to their economic stability and overall well-being.
 - Improve hygiene practices among targeted families by distributing soap and detergent, promoting a clean and healthy living environment within the community.

- **Major Activities:**

- **Food Procurement and Preparation:**
 - Source essential food items like rice, pulses, salt, oil, and potatoes in sufficient quantities.
 - Organize volunteers to sort, pack, and prepare food packages for efficient distribution.
- **Targeted Distribution Campaign:**
 - Implement a systematic distribution campaign to deliver food relief packages directly to the homes of very poor Dalit and disabled families in Petbharwa Village.

- Utilize community-driven data to prioritize households most in need and ensure equitable distribution of food items.

- **Hygiene and Education Campaign:**

- Conduct educational sessions on hygiene practices, proper sanitation, and effective use of soap and detergent within the community.

- Provide demonstrations and educational materials to enhance understanding and adoption of improved hygiene habits among the beneficiaries.

- **Major Achievements:**

- Successfully addressed food insecurity by providing essential food items to very poor Dalit and disabled families, ensuring their access to adequate and nutritious meals.

- Contributed to the economic stability and well-being of targeted families by supplying crucial food provisions, alleviating financial stress and promoting community support.

- Enhanced hygiene awareness and practices within the community by distributing soap and detergent, promoting a cleaner living environment and reducing the risk of hygiene-related health issues.

- **Summary:**

- **The "Food Relief for Rautahat Dalit and Disabled: Nourishing Petbharwa Village" initiative successfully provided essential food items to very poor Dalit and disabled families in Petbharwa Village. By addressing food insecurity, promoting economic stability, and improving hygiene practices, the program significantly contributed to the well-being and resilience of the vulnerable communities in the Rautahat District.**

15. Food support program for covid 19 affected POPULATION TO dalit community

- **Project Name:** "Dalit Community COVID-19 Food Relief Initiative"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** **International**

Commission for Dalit Rights.

- **Benefitted Population:** 340
(Male: 170) (Female: 170)



- **Objectives of the program:**
 - Provide essential food items to Dalit communities affected by COVID-19, ensuring they have access to sufficient and nutritious meals during the pandemic.
 - Assist Dalit families impacted by the pandemic in maintaining their nutritional needs and easing economic strain by supplying essential food provisions.
 - Enhance the overall health and well-being of the Dalit community by delivering nutritious food, aiming to boost their immune system and resilience against COVID-19.
- **Major Activities:**
 - **Food Procurement and Preparation:**
 - Source essential food items such as grains, pulses, vegetables, and cooking oil.
 - Organize the preparation and packaging of food parcels containing a balanced mix of essential items.
 - **Distribution Drive and Outreach:**
 - Conduct a well-organized distribution drive, adhering to safety protocols, to ensure efficient and equitable delivery of food relief packages to Dalit families.

- Engage in targeted outreach to identify affected Dalit communities, coordinating efforts to reach the most vulnerable households.

- **Community Education and Awareness:**

- Organize educational sessions on proper nutrition, hygiene, and COVID-19 preventive measures within the Dalit community.

- Raise awareness about available healthcare services, testing facilities, and vaccination centers, empowering the community to make informed health decisions.

- **Major Achievements:**

- Successfully provided essential food items to Dalit communities affected by COVID-19, alleviating immediate food security concerns and ensuring sustained access to nutrition.

- Fostered a strong sense of community support and unity among the Dalit population, encouraging mutual aid and collective resilience in facing the challenges posed by the pandemic.

- Enhanced health awareness within the Dalit community, promoting proper nutrition, hygiene practices, and knowledge about COVID-19 preventive measures, contributing to a healthier and more informed population.

- **Summary:**

- **The "Dalit Community COVID-19 Food Relief Initiative" effectively provided essential food items to support Dalit communities affected by the pandemic, ensuring food security and strengthening community resilience. Through targeted distribution and health education, the program played a critical role in promoting a sense of solidarity and improving overall health awareness among the Dalit population.**

16. Distribution of Food items program for covid-19 affected Dalit community of phulbari village, parsagadhi municipality, Parsa district

- **Project Name:** "Food Relief distribution for Dalit in Parsa during Covid-19: Nourishing Phulbari Village"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** Covid Emergency Relief program
- **Benefitted Population:** 230



(Male: 115) (Female: 115)

- **Objectives of the program:**
 - Provide essential food items to the Dalit community in Phulbari Village, addressing their immediate nutritional needs during the COVID-19 pandemic.
 - Lessen the financial burden on vulnerable Dalit families by supplying necessary food provisions, contributing to their economic stability during challenging times.
 - Strengthen community bonds and unity among the Dalit population in Phulbari Village, fostering collective support and a sense of shared responsibility to overcome the adverse effects of the pandemic.
- **Major Activities:**
 - **Food Procurement and Preparation:**
 - Source essential food items such as grains, lentils, vegetables, and cooking oil in sufficient quantities.
 - Organize volunteers to assist in sorting, packaging, and preparing food parcels for efficient distribution.
 - **Targeted Distribution Drive:**
 - Implement a structured distribution campaign, ensuring equitable delivery of food relief packages to

the doorsteps of COVID-19 affected Dalit families in Phulbari Village.

- Utilize community-driven data to identify and prioritize households most affected by the pandemic and in urgent need of assistance.

- **Community Engagement and Support:**

- Organize educational sessions on proper nutrition, hygiene practices, and COVID-19 safety measures within the Dalit community.

- Collaborate with local leaders and volunteers to encourage community involvement, creating a supportive network for ongoing assistance and empowerment.

- **Major Achievements:**

- Successfully provided essential food items to the COVID-19 affected Dalit community in Phulbari Village, significantly improving food security and ensuring access to sufficient nutrition.

- Fostering a sense of community support and unity among the Dalit population, encouraging collective efforts to face the challenges presented by the pandemic.

- Raised awareness about COVID-19 preventive measures and health protocols within the Dalit community, contributing to a safer and more informed population during the pandemic.

- **Summary:**

- **The "Food Relief distribution for Dalit in Parsa during Covid-19: Nourishing Phulbari Village" initiative effectively provided essential food items to support the Dalit community affected by the pandemic. By addressing food insecurity, promoting community unity, and enhancing health awareness, the program significantly contributed to the well-being and resilience of the vulnerable population in Phulbari Village, Parsa District, during the COVID-19 crisis.**

17. Discussion program under the topic of "Dalit empowerment"

- **Project Name:** "Dalit Empowerment Discourse: Bridging Opportunities and Equality"
- **Catchment Area:** Parsa District
- **Duration of the program:** 2 years
- **Funding Agency:** Peace4 Dalits Foundation

Nepal



- **Benefitted Population:** 120
(Male: 60) (Female: 60)
- **Objectives of the program:**
 - Raise awareness about the challenges and opportunities faced by the Dalit community, promoting understanding of their unique socio-economic and cultural circumstances.
 - Facilitate discussions on effective strategies and policies to empower Dalits, enabling equal opportunities, access to education, employment, and participation in societal growth.
 - Encourage active participation and collaboration between the Dalit community and stakeholders, fostering a collective approach to address discrimination and advocate for the rights and welfare of Dalit individuals.
- **Major Activities:**
 - Organize discussions led by experts, activists, and community leaders to address Dalit empowerment, covering various aspects of education, economic opportunities, and social integration.
 - Conduct interactive workshops focused on skill development, financial literacy, and leadership training to empower Dalit individuals and enhance their capacity for socio-economic growth.

- Launch community-wide awareness campaigns to educate the public about Dalit rights, caste discrimination, and the importance of fostering an inclusive society, aiming to challenge stereotypes and prejudices.
- **Major Achievements:**
 - Successfully increased awareness and understanding within the community regarding Dalit empowerment issues, fostering empathy and support for their cause.
 - Facilitated skill development and financial literacy among Dalit participants, contributing to their economic empowerment and improved livelihood opportunities.
 - Encouraged advocacy initiatives and unified efforts within the Dalit community to challenge discrimination, drive policy changes, and advocate for their rights and equal opportunities.
- **Summary:**
 - **The "Dalit Empowerment Discourse: Bridging Opportunities and Equality" program successfully raised awareness and understanding of Dalit empowerment issues. Through interactive workshops and awareness campaigns, the initiative equipped Dalit individuals with essential skills and knowledge, fostering economic growth and advocating for their rights within an inclusive society. It aligned primarily with Sustainable Development Goal: (Quality Education) and (Reduced Inequalities) by addressing disparities, promoting inclusivity, and advocating for the rights of Dalit communities.**

18. Discussion program on problems of dalits and empowerment of Dalit community

- **Project Name:** "Unveiling Dalit Empowerment: Addressing the Challenges"
- **Catchment Area:** Bara District
- **Duration of the program:** 1 year
- **Funding Agency:** Peace4Dalits Foundation
Nepal
- **Benefitted Population:** 380
(Male: 190) (Female: 190)



- **Objectives of the program:**
 - Raise awareness and understanding about the historical and contemporary challenges faced by the Dalit community, focusing on socio-economic, educational, and cultural disparities.
 - Facilitate discussions and presentations on viable strategies and pathways for empowering Dalits, emphasizing education, economic opportunities, and social inclusion.
 - Encourage an open and constructive dialogue among community members, activists, and policy-makers to collectively identify solutions and collaborative efforts to address the systemic issues affecting Dalit empowerment.
- **Major Activities:**
 - Organize panel discussions led by experts and scholars to provide insights into the historical, socio-economic, and cultural aspects of the Dalit struggle, stimulating informed conversations.
 - Conduct workshops focusing on skill development, education, and financial literacy to empower Dalit

individuals and enhance their ability to access opportunities for growth.

- Launch advocacy campaigns utilizing various mediums to create awareness about Dalit issues, promote inclusivity, and advocate for policy changes that positively impact the Dalit community.

- **Major Achievements:**

- Successfully amplified awareness about Dalit struggles and challenges, shedding light on their experiences and fostering understanding among a broader audience.
- Advocated for Dalit empowerment through informative discussions, inspiring action and initiatives aimed at promoting education, economic growth, and social integration within the Dalit community.
- Mobilized the Dalit community, activists, and stakeholders, fostering a sense of unity and collaboration to collectively address and combat the multifaceted issues related to Dalit empowerment.

- **Summary:**

- **The "Unveiling Dalit Empowerment: Addressing the Challenges" program successfully raised awareness about the struggles encountered by the Dalit community. Through expert panel discussions, community workshops, and advocacy campaigns, it encouraged informed dialogue, skill development, and advocacy efforts to empower Dalit and foster a more inclusive society. It aligned primarily with Sustainable Development Goal: (Reduced Inequalities) by addressing disparities, promoting informed dialogue, and advocating for the empowerment of the Dalit community.**

19. Distribution of the food items for very poor Dalit community

- **Project Name:** "Food Security Support for Dalits: Nourishing the Needy"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** International Commission for Dalit Right and Covid-19 Emergency Relief
- **Benefitted Population:** 358
(Male: 179) (Female: 179)
- **Objectives of the program:**
 - Provide nutritious food and essential sustenance to the very poor Dalit community, ensuring they have regular access to meals, combating hunger and malnutrition.
 - Strengthen food security by implementing measures that enable consistent access to adequate, safe, and culturally appropriate food for Dalit families, promoting their overall well-being.
 - Accompany food distribution with educational initiatives to equip Dalit individuals and families with knowledge and skills for improved livelihoods and sustainable food independence.
- **Major Activities:**
 - Organize regular food distribution drives, reaching out to Dalit households with essential food items, ensuring timely and adequate provision of nutritious meals to those in need.
 - Conduct educational workshops and awareness programs to empower the Dalit community with knowledge about nutrition, hygiene, and sustainable farming practices, promoting self-sufficiency and better health.



- Facilitate skill development initiatives and vocational training to enhance the employability and income generation potential of Dalit individuals, ultimately aiding them in breaking the cycle of poverty and food insecurity.
- **Major Achievements:**
 - Witnessed a notable improvement in the nutritional status of the Dalit community members through consistent food provision, resulting in enhanced overall health and well-being.
 - Successfully equipped a significant number of Dalit individuals with vocational skills and knowledge, enabling them to secure better livelihoods and achieve a degree of economic independence.
 - Raised awareness within the Dalit community regarding essential aspects of food security, hygiene, and sustainable agriculture, leading to increased self-sufficiency and improved food management practices among beneficiaries.
- **Summary:**
 - **The "Food Security Support for Dalits: Nourishing the Needy" program successfully alleviated hunger and improved nutrition among the very poor Dalit community through regular food distributions. Additionally, it empowered individuals by imparting vital skills and knowledge, enabling them to achieve better livelihoods and cultivate sustainable food practices. The initiative heightened awareness, promoting self-sufficiency and enhancing the overall well-being of the Dalit population.**

20. Food items support program for Dalit community in Boudhomai municipality of Rautahat district

- **Project Name:** "Nourishing Dalits: Bridging Food Inequality in Boudhomai Municipality"
- **Catchment Area:** Rautahat District
- **Duration of the program:** 1 year
- **Funding Agency:** International Commission for Dalit Right and Covid-19 Emergency Relief
- **Benefitted Population:** 237



(Male: 118) (Female: 119)

- **Objectives of the program:**
 - Ensure consistent access to adequate and nutritious food for the Dalit community in Boudhomai Municipality, mitigating food insecurity and hunger.
 - Improve the nutritional status and health outcomes of Dalit individuals and families through the provision of diverse and balanced food items.
 - Build resilience within the Dalit community by promoting sustainable food practices, education on nutrition, and fostering self-sufficiency to create a stronger and more empowered society.
- **Major Activities:**
 - Organize regular food distribution drives to provide essential food items to Dalit households in Boudhomai Municipality, ensuring equitable access to sustenance for all.
 - Conduct workshops and training sessions focusing on nutrition and balanced diets, educating the Dalit community on making informed dietary choices and promoting healthier lifestyles.
 - Offer training and resources to help Dalit families cultivate home gardens or engage in small-scale

agriculture, promoting self-sufficiency and sustainable food production within the community.

- **Major Achievements:**

- Significantly increased accessibility to nutritious food among Dalit families in Boudhomai Municipality, reducing food insecurity and ensuring a more balanced diet for community members.
- Empowered the Dalit community with vital knowledge on nutrition and dietary habits, resulting in improved health outcomes and a better understanding of healthy food choices.
- Facilitated the adoption of sustainable agricultural practices and home gardening initiatives within the Dalit community, promoting food sovereignty and fostering self-sufficiency for a more resilient and empowered population.

- **Summary:**

- **The "Nourishing Dalits: Bridging Food Inequality in Boudhomai Municipality" program effectively addressed food insecurity by providing consistent access to nutritious food for the Dalit community. Through targeted food distributions and educational workshops, it not only improved dietary habits and health but also encouraged sustainable agriculture, promoting self-reliance and fostering a more empowered society in Boudhomai Municipality.**

21. Food items support program for the poor and Dalit community affected by Covid-19 in Sankhuwa Prasauni Rural Municipality of Parsa District.

- **Project Name:** "COVID-19 Relief in Sankhuwa Prasauni: Nourishing the Needy"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** American of Society Nepalese Engineer and Covid-19 Emergency Relief program



- **Benefitted Population:** 375
(Male: 187) (Female: 188)
- **Objectives of the program:**
 - Provide essential food items to the poor and Dalit communities in Sankhuwa Prasauni Rural Municipality severely impacted by COVID-19, ensuring they have enough sustenance to combat hunger and malnutrition during this challenging time.
 - Alleviate the financial burden caused by the pandemic by offering food assistance, aiming to stabilize the affected households and lessen their economic strain, especially among the vulnerable Dalit population.
 - Equip the communities with necessary food resources and knowledge to rebuild their lives post-COVID-19, fostering resilience, supporting recovery, and promoting self-sufficiency for a sustainable future.
- **Major Activities:**
 - Organize and execute targeted food distribution drives within Sankhuwa Prasauni Rural Municipality to ensure that the poor and Dalit communities receive essential food items, catering to their immediate nutritional needs.
 - Conduct informational sessions and awareness programs on proper nutrition, food handling, and safety measures related to COVID-19 to enhance the

understanding and well-being of the recipients, fostering a healthier and more informed community.

- Regularly evaluate the program's effectiveness by collecting feedback from beneficiaries, enabling adjustments and improvements based on the actual needs and experiences of the affected population to optimize the program's impact.

- **Major Achievements:**

- Successfully ensured consistent access to adequate and nutritious food for the targeted poor and Dalit communities, mitigating hunger and immediate food insecurities exacerbated by the pandemic.
- Alleviated financial strain by providing food support, contributing to the stability of households adversely affected by the COVID-19 crisis, especially benefiting the vulnerable Dalit population.
- Empowered communities with essential knowledge about nutrition and health, enabling them to make informed food choices, manage resources effectively, and adopt sustainable practices for improved long-term food security and resilience.

- **Summary:**

- **The "COVID-19 Relief in Sankhuwa Prasauni: Nourishing the Needy" program effectively addressed immediate food insecurity and financial strain for the poor and Dalit communities in the Sankhuwa Prasauni Rural Municipality. By providing essential food items and imparting crucial nutritional knowledge, the initiative not only alleviated hunger but also contributed to community resilience and well-being during the challenging times of the pandemic.**

22. Distribution of Food items program for Dalit community in Jirabwani rural municipality ward number 5 of Parsa district

- **Project Name:** "Dalit Nourishment Initiative: Sustaining Jirabwani, Ward 5, Parsa"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** New Zealand Nepalese Association and Covid-19 Emergency Relief program
- **Benefitted Population:** 375
(Male: 187) (Female: 188)
- **Objectives of the program:**



- Provide essential food items to the Dalit community in Jirabwani Rural Municipality, Ward 5, Parsa, to guarantee consistent access to adequate and nutritious food, thereby improving their overall health and well-being.
 - Conduct educational sessions on nutrition, hygiene, and sustainable food practices to empower the Dalit community, enhancing their understanding and encouraging healthy dietary choices for a better quality of life.
 - Mitigate the socioeconomic challenges faced by the Dalit population by offering food support, aiming to stabilize their households during difficult times and promote self-sufficiency for long-term resilience.
- **Major Activities:**
 - Organize regular food distribution drives to provide essential food items directly to Dalit households in Jirabwani Rural Municipality, Ward 5, Parsa, ensuring their immediate sustenance and relief from food insecurity.
 - Conduct educational workshops and awareness campaigns on proper nutrition, food handling, and

hygiene practices, empowering the Dalit community with knowledge for healthier living and informed food choices.

- Foster community engagement by involving local leaders and members in program planning and implementation, ensuring inclusivity and addressing specific needs of the Dalit population effectively.

- **Major Achievements:**

- Substantially improved the nutritional status of the Dalit community in Jirabwani Rural Municipality, Ward 5, Parsa, through consistent food distribution, promoting better health and vitality among beneficiaries.
- Empowered the Dalit population with knowledge about nutrition and proper food practices, leading to informed dietary choices and improved overall well-being within the community.
- Successfully alleviated immediate food insecurity among the Dalit households, providing essential food items and reducing the vulnerability of the community during challenging times.

- **Summary:**

- **The "Dalit Nourishment Initiative: Sustaining Jirabwani, Ward 5, Parsa" program provided essential food support and nutritional education to the Dalit community in Jirabwani Rural Municipality, Ward 5, Parsa. It improved their nutrition, empowered them with knowledge, and eased immediate food insecurity, fostering a healthier and more informed community.**

23. Food items distribution program for Dalit community in Jirabwani rural municipality ward number 5 and 6 of Parsa district

- **Project Name:** "Dalit Nourishment Drive: Sustaining Jirabwani, Wards 5 and 6, Parsa"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** American of Society Nepalese Engineer and Covid-19 Emergency Relief program
- **Benefitted Population:** 190 (Male: 95) (Female: 95)
- **Objectives of the program:**



- Provide essential food items to the Dalit community residing in Jirabwani Rural Municipality, Wards 5 and 6 of Parsa District, to ensure consistent access to nutritious and balanced meals, addressing food insecurity.
 - Conduct educational workshops and awareness campaigns on nutrition, hygiene, and healthy cooking practices, empowering the Dalit community to make informed choices for improved health and overall well-being.
 - Mitigate financial burden by offering food support, especially during challenging times like the COVID-19 pandemic, to stabilize the households and alleviate economic stress within the Dalit population.
- **Major Activities:**
 - Organize regular food distribution drives, reaching out to Dalit households in Jirabwani Rural Municipality, Wards 5 and 6, and providing essential food items to ensure sustenance and combat food scarcity.
 - Conduct workshops on nutrition, safe food handling, and basic cooking skills, enabling the Dalit community

to optimize their food resources for a healthier and more balanced diet.

- Engage the local community in planning and executing the program, encouraging active participation, fostering a sense of ownership, and empowering the Dalit population towards self-sufficiency and sustainable food practices.

- **Major Achievements:**

- Successfully improved the nutritional intake and well-being of the Dalit community in Jirabwani Rural Municipality, Wards 5 and 6, by providing essential food items and imparting knowledge on balanced diets and nutrition.
- Empowered the Dalit population with vital knowledge regarding nutrition and healthy practices through educational workshops, promoting better health outcomes and hygiene awareness within the community.
- Mitigated immediate food crises and financial strain by offering timely food support, ensuring that Dalit households in the specified wards had access to adequate and nutritious food during challenging times.

- **Summary:**

- **The "Dalit Nourishment Drive: Sustaining Jirabwani, Wards 5 and 6, Parsa" program successfully addressed food insecurity by providing essential food items to the Dalit community. Educational workshops empowered them with nutrition knowledge, promoting healthier choices and improved well-being. Additionally, the program alleviated immediate food crises during challenging times, fostering a stronger and more resilient community in Jirabwani Rural Municipality.**

24. Food items distribution Program for Dalit Community in Parsa District Sankhuwa Prasauni Rural Municipality, Ward No. 5

- **Project Name:** "Dalit Livelihood Initiative: Nourishing Sankhuwa Prasauni, Ward 5, Parsa"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** American of Society Nepalese Engineer and Covid-19 Emergency Relief program
- **Benefitted Population:** 230 (Male: 115) (Female: 115)
- **Objectives of the program:**
 - Provide essential food items to the Dalit community in Sankhuwa Prasauni Rural Municipality, Ward 5, Parsa, ensuring consistent access to nutritious meals and addressing immediate food insecurity.
 - Improve the nutritional status and overall health of Dalit individuals and families by distributing diverse and balanced food items, promoting a healthier and more nourished community.
 - Empower the Dalit community through educational initiatives, encouraging sustainable food practices, and promoting self-sufficiency to build resilience and achieve long-term food security.
- **Major Activities:**
 - Organize regular food distribution drives to provide essential food items to Dalit households in Sankhuwa Prasauni Rural Municipality, Ward 5, Parsa, ensuring their immediate food needs are met and reducing food insecurity.
 - Conduct educational workshops focused on nutrition, hygiene, and safe food handling practices, empowering



the Dalit community with knowledge to make informed decisions regarding their diet and health.

- Collaborate with local authorities and community leaders to ensure effective planning, execution, and monitoring of the program. Involve community members in the distribution process, encouraging active participation and fostering a sense of ownership and responsibility.

- **Major Achievements:**

- Successfully increased access to nutritious food for the Dalit community in Sankhuwa Prasauni Rural Municipality, Ward 5, Parsa, reducing immediate food insecurity and ensuring a more balanced diet for community members.
- Empowered the Dalit population with vital knowledge about nutrition and dietary habits, resulting in improved health outcomes and a better understanding of healthy food choices.
- Fostered community resilience by promoting sustainable agricultural practices, home gardening initiatives, and educating on nutrition. This approach encouraged self-sufficiency and improved long-term food security within the Dalit community.

- **Summary:**

- **The "Dalit Livelihood Initiative" ensured food security by distributing essential food items and imparting nutritional knowledge to the Dalit community in Sankhuwa Prasauni, Ward 5, Parsa. The program empowered individuals for healthier dietary choices and boosted resilience, promoting a nourished and self-sufficient community.**

25. Food items support program for covid 19 affected Dalit community in Parsa District, Birganj Metropolitan city ward no. 19 Bindabasini

- **Project Name:** Program Name: " Food Relief program: Nourishing Bindabasini, Birganj Metropolitan Municipality, Parsa"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** New Zealand Nepalese Association
- **Benefitted Population:** 240
(Male: 120) (Female: 120)
- **Objectives of the program:**



- Distribute essential food items to the COVID-19 affected Dalit community in Bindabasini, Birganj Metropolitan Municipality, Parsa, to address their urgent nutritional needs during the pandemic.
 - Alleviate the financial strain caused by the pandemic by offering food support to the affected Dalit households, aiming to stabilize their economic situation and improve their overall well-being.
 - Conduct educational sessions on proper nutrition, safe food handling, and COVID-19 preventive measures within the Dalit community, empowering them with knowledge to maintain good health and reduce the risk of infection.
- **Major Activities:**
 - Organize and execute targeted food distribution drives, reaching COVID-19 affected Dalit households in Bindabasini, Birganj Metropolitan Municipality, Parsa, to provide essential food items and ensure their nutritional needs are met.
 - Conduct workshops and awareness campaigns focusing on nutrition, safe food handling practices, and COVID-19 preventive measures to enhance the knowledge and

hygiene practices of the Dalit community for their overall well-being.

- Engage with local communities, involve volunteers, and collaborate with local organizations to facilitate efficient distribution and ensure that the program reaches the intended beneficiaries effectively and inclusively.
- **Major Achievements:**
 - Successfully provided essential food items to the COVID-19 affected Dalit community in Bindabasini, Birganj Metropolitan Municipality, Parsa, ensuring they had access to necessary sustenance during a challenging time.
 - Alleviated financial stress by offering food support to affected Dalit households, stabilizing their economic situation and providing them with the necessary resources for their immediate needs.
 - Raised awareness on proper nutrition, safe food handling, and COVID-19 preventive measures within the Dalit community, empowering individuals with knowledge to maintain better health practices and reduce the risk of COVID-19 infection.
- **Summary:**
 - **The "Food Relief program: Nourishing Bindabasini, Birganj Metropolitan Municipality, Parsa" program swiftly addressed the nutritional needs of the Dalit community impacted by the pandemic. By distributing essential food items and providing crucial health education, the initiative offered immediate relief and empowered individuals with valuable knowledge. Ultimately, the program significantly contributed to easing economic burdens and promoting healthier, more informed communities during these challenging times.**

26. Housing program for extremely poor Dalits of Santhi Auraha village, Jagarnathpur rural municipality, Parsa district

- **Project Name:** "Housing Initiative for Dalits: A New Beginning in Santhi Auraha Village"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** Peace4Dalit Foundation Nepal



- **Benefitted Population:** 12 households
- **Objectives of the program:**
 - Ensure the construction and handover of safe, permanent houses to extremely poor Dalit families residing in 6 Santhi Auraha Village, Jagarnathpur Rural Municipality, Parsa District, providing them with dignified and secure living conditions.
 - Elevate the economic and social status of the Dalit families by providing them with proper housing, aiming to mitigate their vulnerability and alleviate the cycle of poverty they face.
 - Foster a sense of community, inclusivity, and shared progress by constructing homes and handing them over to the extremely poor Dalit households, promoting unity and overall well-being within the village.
- **Major Activities:**
 - Collaborate with local stakeholders and construction teams to facilitate the building or renovation of houses for the identified extremely poor Dalit families, ensuring safe and durable shelter.
 - Engage the local community through informative sessions and workshops to create awareness about housing rights, construction processes, and maintenance, fostering a sense of ownership and understanding within the community.

- Organize a formal house handover ceremony, providing keys and necessary support to the families. Offer post-handover assistance for settling into their new homes, including guidance on home management and accessing essential services.
- **Major Achievements:**
 - Successfully constructed and handed over safe, permanent houses to the extremely poor Dalit families in Santhi Auraha Village, Jagarnathpur Rural Municipality, Parsa District, providing them with secure and dignified living spaces.
 - Elevated the socioeconomic status and living conditions of the Dalit families through proper housing, reducing their vulnerability and enhancing their sense of stability and self-esteem.
 - Fostered a sense of community and unity within the village by providing homes to the extremely poor Dalit households, promoting a more inclusive and supportive living environment for all residents.
- **Summary:**
 - **The "Housing Initiative for Dalits: A New Beginning in Santhi Auraha Village" successfully provided safe and permanent housing to extremely poor Dalit families. This initiative significantly improved their socioeconomic conditions, fostering a sense of security and unity through proper housing. It aligned primarily with Sustainable Development Goal: Sustainable Cities and Communities by ensuring access to adequate and safe housing, contributing to the goal of creating sustainable and inclusive communities.**

27. Stationery materials distribution program for Dalit children

- **Project Name:** "Project Enlightenment: Bridging Educational Gaps for Dalit Youth"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** Peace for People
- **Benefitted Population:** 357
(Boys: 178) (Girls: 179)



- **Objectives of the program:**
 - Provide notebooks, pens, and pencils to Dalit children, ensuring they have the necessary educational materials for their studies, promoting equal access to education for all.
 - Foster a conducive learning environment by distributing notebooks, pens, and pencils, encouraging Dalit children to actively participate in academic and creative endeavors, enhancing their learning experience.
 - Alleviate financial burden on Dalit families by providing essential school supplies, enabling children to pursue education with reduced obstacles, and promoting educational equality among diverse communities.
- **Major Activities:**
 - Organize distribution events to provide notebooks, pens, and pencils to Dalit children, ensuring every child has access to essential school supplies for their academic pursuits.
 - Conduct workshops on effective use of notebooks, proper penmanship, and creative writing exercises to enhance the educational experience and creativity of Dalit children.

- Collaborate with schools, local organizations, and volunteers to efficiently organize and execute the distribution program, ensuring maximum reach and impact within the Dalit community.
- **Major Achievements:**
 - Significantly enhanced the educational preparedness of Dalit children by providing essential school supplies, fostering their engagement and participation in classroom learning.
 - Facilitated a better learning experience by equipping Dalit children with notebooks, pens, and pencils, enabling them to actively participate in educational activities and express their creativity.
 - Contributed to promoting equal access to education by reducing the financial burden on Dalit families and ensuring that every child has the necessary tools for a successful educational journey.
- **Summary:**
 - **The "Project Enlightenment: Bridging Educational Gaps for Dalit Youth" program effectively improved educational access for Dalit children by providing essential school supplies. This initiative aligned primarily with Sustainable Development Goal: Quality Education, aiming to ensure better educational opportunities for all.**

28. Learning Materials Distribution Program for Dalit Children

- **Project Name:** " Educational Aids for Dalits: Equipping Futures with Stationery"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** Peace for People
- **Benefitted Population:** 1000 children



- **Objectives of the program:**
 - Ensure equitable access to educational opportunities by providing stationery materials to Dalit children, enabling them to participate fully in their educational pursuits without resource barriers.
 - Improve the learning experience for Dalit children by equipping them with necessary stationery, encouraging active engagement in classrooms, note-taking, and creative expression.
 - Support the academic progress of Dalit children by providing stationery materials that aids in better organization, efficient studying, and overall academic success also contributing to their future prospects.
- **Major Activities:**
 - Organize targeted distribution events to provide stationery kits to Dalit children, including notebooks, pens, pencils, erasers, and other essential materials, ensuring they are well-equipped for their studies.
 - Conduct educational workshops focusing on effective use of stationery, study techniques, and organization skills to enhance academic performance and empower Dalit children with the knowledge to optimize their learning experience.

- Engage with the recipients and their families to gather feedback, insights, and suggestions regarding the program's impact and areas for improvement. Use this feedback to enhance the program's effectiveness and relevance for future initiatives.
- **Major Achievements:**
 - Successfully increased academic engagement among Dalit children by providing essential stationery, enabling them to actively participate in their studies and coursework.
 - Facilitated better study habits and organizational skills among Dalit children through the provision of stationery materials, resulting in improved focus, productivity, and academic performance.
 - Promoted educational inclusivity and empowerment by eliminating barriers to access stationery materials, ensuring that Dalit children have equal opportunities for learning and academic success.
- **Summary:**
 - **The "Educational Aids for Dalits: Equipping Futures with Stationery" program empowered Dalit children by providing essential stationery materials. This initiative aimed to enhance their academic engagement, improve study habits, and ensure educational inclusivity by eliminating resource barriers. Mainly, it contributed to Sustainable Development Goal: Quality Education by facilitating equitable and empowered educational experiences for Dalit children through stationery access.**

29. Nutrition program for Dalit children

- **Project Name:** "Dalit Nutri Care: Nourishing the Future"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** Peace4Dalits Foundation Nepal
- **Benefitted Population:** 235
(Boys: 117) (Girls: 118)
- **Objectives of the program:**
 - Provide nutritious meals to Dalit children to address their nutritional needs, aiming to improve their health, growth, and overall well-being.
 - Educate Dalit children and their families about balanced diets and healthy eating habits, encouraging lifelong practices for optimal nutrition and health.
 - Support improved academic performance by ensuring that Dalit children have access to nutritious meals, fostering concentration, energy levels, and cognitive development, ultimately aiding their educational progress.
- **Major Activities:**
 - Organize and provide daily nutritious meals to Dalit children, focusing on a balanced diet to meet their nutritional requirements and enhance their overall health and well-being.
 - Conduct regular workshops to educate Dalit children and their families about the importance of a balanced diet, optimal nutrition, and healthy food choices for long-term well-being.
 - Implement regular health check-ups and assessments to monitor the children's nutritional progress, ensuring that the feeding program effectively meets their nutritional needs and addresses any deficiencies.



- **Major Achievements:**

- Significantly enhanced the nutritional status of Dalit children by providing regular and balanced nutritious meals, leading to improved health, growth, and overall well-being.
- Successfully instilled healthier dietary habits among Dalit children and their families through education and awareness, resulting in improved food choices and nutrition-conscious households.
- Observed a positive impact on academic performance among Dalit children due to improved concentration, energy levels, and cognitive development resulting from the nutritious meals provided through the program.

- **Summary:**

- **The "Dalit Nutri Care: Nourishing the Future" program effectively enhanced the health and well-being of Dalit children by providing nutritious daily meals and educating them about healthy dietary habits. This initiative primarily met Sustainable Development Goal: Zero Hunger by addressing hunger and ensuring access to adequate nutrition. Moreover, by positively impacting the children's health and academic performance, it contributed significantly to Sustainable Development Goal: Good Health and Well-being.**

30. Warm clothes and Banquets distribution program in Dalit slums and winter clothes distribution program for Dalit children

- **Project Name:** "Winter Warmth Initiative for Dalits: Clothing and Comfort for All"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding person:** Senior social worker
Amar Kshetri
- **Benefitted Population:** 328
(Male: 164) (Female: 164)



- **Objectives of the program:**
 - Distribute warm clothing and blankets to Dalit families residing in slums, focusing on providing comfort and protection during the cold winter months, enhancing their overall well-being.
 - Specifically target Dalit children to distribute winter clothes, aiming to keep them warm and healthy during winter, ensuring they can continue their daily activities without hindrance from cold weather.
 - Promote a sense of community and togetherness among Dalit families by organizing banquet distribution events, fostering unity and support during the challenging winter season.
- **Major Activities:**
 - Organize and carry out distribution drives to provide warm clothes, blankets, and other winter essentials to Dalit families in slums, ensuring they have adequate protection from the cold.
 - Focus on distributing winter clothing specifically to Dalit children, considering their vulnerability to the cold, to keep them warm and safeguard their health during winter.

- Arrange community banquets, bringing Dalit families together to distribute winter essentials, fostering a sense of unity and collective support within the community during the winter season.
- **Major Achievements:**
 - Successfully provided warm clothing and blankets to Dalit families, significantly enhancing their comfort and protection during the cold winter months, improving their overall well-being.
 - Ensured Dalit children were equipped with appropriate winter clothing, aiding in maintaining good health and facilitating their active participation in daily activities despite the harsh winter conditions.
 - Facilitated a sense of unity and support within the Dalit community by organizing banquets and distributing winter essentials, creating a spirit of togetherness and shared warmth during the winter season.
- **Summary:**
 - **The "Winter Warmth Initiative for Dalits: Clothing and Comfort for All" program successfully improved winter comfort for Dalit families by distributing warm clothing and blankets. Specifically focusing on children, the initiative ensured their well-being during the cold season. Additionally, community banquets promoted solidarity and support within the Dalit community during winter, fostering a sense of togetherness and warmth.**

31. Empowerment of Dalit community in Dalit slums and Education for Dalit community, interaction program for equality for Dalit community

- **Project Name:** "Upliftment & Equality Endeavor for Dalit: Bridging Voices and Empowering Futures"

- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** Peace4 Dalits Foundation Nepal



- **Benefitted Population:** 345
(Male: 172) (Female: 173)

- **Objectives of the program:**

- Facilitate educational programs and workshops within Dalit slums to uplift the Dalit community, empowering them with knowledge and skills to enhance their socioeconomic status and break the cycle of poverty.
- Organize community gatherings and interactive sessions to encourage open dialogue, awareness, and understanding of the challenges and aspirations of the Dalit community, fostering inclusivity and equality.
- Advocate for equal rights, opportunities, and representation of the Dalit community by raising awareness about discrimination, social injustices, and biases they face, working towards a more equitable and just society.

- **Major Activities:**

- Conduct workshops focused on education, skill development, and vocational training within Dalit slums to empower the community with knowledge and practical skills essential for their personal growth and socioeconomic upliftment.
- Organize regular community gatherings and interactive discussions, providing a platform for the Dalit community to voice their concerns, share experiences,

and collectively brainstorm solutions to address challenges they face.

- Launch advocacy initiatives and awareness campaigns aimed at sensitizing the broader society about the rights, struggles, and contributions of the Dalit community, striving for a more inclusive and equal society.

- **Major Achievements:**

- Successfully increased educational participation and attainment levels within the Dalit community through educational workshops and skill training programs, fostering a more educated and empowered populace.
- Facilitated stronger social connections and unity among the Dalit community by organizing community gatherings and interactive discussions, creating a supportive network that aids in addressing common challenges and fostering solidarity.
- Achieved heightened awareness about Dalit rights and issues within society through effective advocacy and awareness campaigns, pushing towards a more equitable and just society by challenging stereotypes and prejudices.

- **Summary:**

- **The program empowered the Dalit community through education, skills, and awareness initiatives, significantly impacting Sustainable Development Goal: Quality Education. It enhanced educational levels, fostered community unity, and advocated for equal rights, challenging biases, and promoting inclusivity within the community. This effort also aligned with SDG: Reduced Inequalities by advocating for equal rights and fostering a more inclusive society.**

32. Dalit women's gathering program to empower Dalit women

- **Project Name:** "Dalit Shakti Mahila Sammelan: Empowering Dalit Women"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** Peace4 Dalits Foundation Nepal
- **Benefitted Population:** 356 women



- **Objectives of the program:**
 - Empower Dalit women through skill development, entrepreneurship training, and access to resources, aiming to enhance their socioeconomic status and financial independence.
 - Promote awareness about gender equality, women's rights, and social issues affecting Dalit women, encouraging them to actively participate in decision-making processes and advocate for their rights.
 - Establish a platform for Dalit women to connect, share experiences, and support each other, fostering a strong network that uplifts and empowers them, ultimately leading to a more empowered and confident Dalit female community.
- **Major Activities:**
 - Organize skill development workshops and training sessions focusing on various vocational skills, financial literacy, and entrepreneurship to equip Dalit women with the necessary tools for economic empowerment.
 - Conduct awareness campaigns addressing gender-based discrimination, domestic violence, and legal rights, aiming to educate Dalit women about their rights and avenues for seeking help and justice.

- Establish and facilitate support groups and networking events where Dalit women can connect, share experiences, provide mutual support, and discuss ways to overcome challenges and thrive in their communities.
- **Major Achievements:**
 - Significantly improved the socioeconomic status of Dalit women by providing them with skills and training, enabling entrepreneurship and fostering financial independence and stability.
 - Successfully empowered Dalit women to advocate for their rights and challenge gender inequalities, creating a collective voice to address social issues and work towards a more equitable society.
 - Facilitated the creation of a strong support network among Dalit women, encouraging solidarity and collaboration. This network has become a source of empowerment, enabling them to share experiences, offer guidance, and uplift one another.
- **Summary:**
 - The "Dalit Shakti Mahila Sammelan" program empowered Dalit women through skill development, fostering economic independence. It also raised awareness about gender equality and legal rights, encouraging active participation in societal decision-making. By creating a supportive network, the program facilitated collaboration and mutual support among Dalit women, enhancing their collective strength and impact.

33. Dalit committees formation program in Dalit slums

- **Project Name:** "Dalit Slum Empowerment campaign: Committee Formation Initiative"
- **Catchment Area:** Parsa District
- **Duration of the program:** 2 years
- **Funding Agency:** Peace4 Dalits Foundation Nepal



- **Benefitted Population:** 1000
(Male: 500) (Female: 500)
- **Objectives of the program:**
 - Facilitate the formation of committees within Dalit slums to ensure representation and active participation of community members in decision-making processes, enhancing their sense of ownership and empowerment.
 - Establish committees to identify and prioritize the unique challenges and needs of the Dalit slum community, enabling targeted solutions and focused initiatives for their improvement and well-being.
 - Encourage collaboration and unity among Dalit slum residents through committee formation, fostering a sense of collective responsibility and empowering the community to work together for the betterment of their living conditions.
- **Major Activities:**
 - Facilitate the process of forming committees by conducting community meetings, explaining their purpose, and encouraging active participation and nominations for committee roles.
 - Provide training sessions and workshops to educate committee members on their roles, responsibilities, effective decision-making, conflict resolution, and community engagement techniques.

- Organize periodic committee meetings to discuss local concerns, plan and implement community-driven initiatives, monitor progress, and ensure that the committees remain active and effective in addressing the needs of the Dalit slum community.
- **Major Achievements:**
 - Successfully established active committees in Dalit slums, resulting in increased engagement and participation of community members in decision-making processes and local initiatives.
 - Addressed specific concerns and needs of the Dalit slum community by formulating and executing targeted action plans through the committees, leading to meaningful improvements in living conditions and overall well-being.
 - Fostering unity and collaboration among Dalit slum residents, the program achieved a sense of collective action and shared responsibility, ultimately contributing to a more closely knit and empowered community.
- **Summary:**
 - **The "Dalit Slum Empowerment Campaign: Committee Formation Initiative" successfully formed committees within Dalit slums, encouraging community engagement and decision-making, primarily meeting Sustainable Development Goal: Sustainable Cities and Communities. By addressing specific community needs and improving living conditions, the initiative contributed directly to creating inclusive, safe, and resilient urban settlements. Additionally, fostering unity and collective action also indirectly supported Goal: Peace, Justice, and Strong Institutions, by strengthening community cohesion and empowering the Dalit slum population.**

34. Educational materials distribution program for Dalit children

- **Project Name:** "Dalit Education Kit: Empowering Minds through Stationery"
- **Catchment Area:** Parsa District
- **Duration of the program:** 1 year
- **Funding Agency:** Peace4 Dalits Foundation

Nepal



- **Benefitted Population:** 1000

(Boys: 500)

(Girls: 500)

- **Objectives of the program:**
 - Provide essential stationery items such as pens, pencils, and notebooks to Dalit children, ensuring they have the necessary tools to actively engage in their education and academic activities.
 - Encourage learning, creativity, and expression among Dalit children by supplying stationery, fostering an environment conducive to exploring ideas, improving writing skills, and enhancing their overall academic experience.
 - Alleviate the financial burden on Dalit families by distributing stationery items, ensuring that the costs of basic educational supplies do not hinder children's access to quality education.
- **Major Activities:**
 - Organize and execute campaigns to distribute pens, pencils, and notebooks to Dalit children in various educational institutions, ensuring they have the necessary stationery for their studies.
 - Conduct educational workshops and interactive activities to guide Dalit children on effective utilization of stationery, promote proper handwriting techniques, and encourage creative expression.

- Collaborate with local schools, educational authorities, and community organizations to efficiently plan and implement the stationery distribution program, ensuring maximum reach and impact within the Dalit community.
- **Major Achievements:**
 - Successfully increased access to education and improved the educational preparedness of Dalit children by providing essential stationery, enabling active participation in academic activities and enhancing their learning experience.
 - Facilitated better academic performance among Dalit children through improved writing skills, better note-taking, and increased engagement in educational activities, resulting in improved overall academic outcomes.
 - Eased the financial burden on Dalit families by providing stationery items, contributing to a more conducive learning environment without worrying about the costs associated with basic educational supplies.
- **Summary:**
 - **The "Dalit Education Kit: Empowering Minds through Stationery" program aimed to enhance educational access for Dalit children. By providing essential stationery items like pens, pencils, and notebooks, the initiative improved academic preparedness and performance. Additionally, it alleviated financial stress for Dalit families, ensuring children could focus on their education without worrying about basic stationery costs.**

Challenges and Lessons Learned

Challenges and its Overcome:**1. No support from politicians or public elected officials, trying to create chaos among the public :****i. Policy Void:**

The absence of support from politicians or elected officials can lead to a lack of effective policies addressing crucial issues. This might include inadequate funding for essential services like healthcare, education, and disaster relief.

ii. Lack of Advocacy:

Without political backing, community concerns may go unheard, and public officials may be less inclined to prioritize issues affecting the population. This lack of advocacy can result in a feeling of abandonment among citizens.

iii. Creating Chaos Among the Public /Misinformation Spread:

When politicians fail to provide clear and consistent information during times of crisis, misinformation can thrive. This can create confusion among the public, leading to panic and fear.

2. The public officials intervened during relief distribution from the P4L in order to take the relief for themselves :**i. Corruption and Trust Erosion:**

When public officials misuse their positions to take relief meant for the affected population, it not only diverts resources away from those in need but also erodes public trust. Corruption in relief distribution can lead to a breakdown in the social contract between citizens and their government.

ii. Inefficiency in Aid Delivery:

The intervention of officials can disrupt the efficient delivery of relief services, causing delays and potentially leaving vulnerable populations without timely assistance.

Addressing this challenge requires a commitment to transparency, accountability, and ethical conduct within government institutions. Implementing and enforcing strict measures against corruption, promoting transparency in relief distribution processes, and fostering a culture of integrity are essential steps to rebuild trust and ensure that relief efforts genuinely benefit those in need.

3. No Citizenship of Parents Creating Fear Regarding Admission of Children:

i. Educational Barriers:

Lack of citizenship for parents can pose significant challenges for children's education. Barriers may include difficulties in enrollment, obtaining necessary documents, and fear of discrimination in educational institutions.

ii. Generational Impact:

Children facing barriers to education due to their parents' citizenship status may experience long-term consequences, hindering their future prospects and perpetuating cycles of disadvantage.

Addressing these challenges requires a multifaceted approach involving improved governance, anti-corruption measures, inclusive policies, and efforts to ensure equal access to essential services for all citizens, regardless of their background or status.

Lessons Learned:

1. Community discussion, women empowerment regarding financial management and how to manage money in order to increase income by inviting expert from outside, parents of alcoholic children were provided with counselling in tuitions centers :

i. Community Discussion:

- Promotes a sense of unity, shared understanding, and collaborative problem-solving.
- Enhanced community cohesion, identification of common challenges, and collective brainstorming for solutions.

ii. Women Empowerment Regarding Financial Management :

- Equips women with the knowledge and skills to make informed financial decisions, fostering independence.
- Potential economic upliftment, increased financial security for women, and positive ripple effects on the community.

iii. Inviting Experts for Financial Management and Income Increase :

- Access to expert advice, diverse perspectives, and strategies for income generation.
- Increased financial literacy, diversified income streams, and potentially improved economic conditions for community members.

Overall, these initiatives demonstrate a holistic and community-driven approach to addressing various social and economic challenges. They emphasize the importance of open dialogue, education, and support systems in creating positive change within the community. The use of existing infrastructure, such as tuition centers, reflects resourceful thinking and a practical approach to community development.

2. Fund raising within the community was extensively used to source income for management of the organization, 5% of the earning from general members and board members are used to help the ngo :

i. Community Engagement and Ownership:

By relying on internal resources, the organization taps into the support and commitment of the community members. This fosters a sense of collective responsibility for the organization's mission and sustainability.

ii. Financial Independence and Sustainability:

Internal contributions lower external financial needs. Financial self-sufficiency helps the organisation survive economic downturns and external concerns. Inclusivity and Equal Participation:

iii. Transparent and Trustworthy Governance:

Trust is built by disclosing that 5% of general and board members' wages support the NGO. When members trust the organization's finances, they contribute more.

3. After providing continuous help and support to the community without funding, the community realized:

i. Building Trust and Relationship:

Support—services, resources, or expertise—builds a true relationship between the organisation and the community. This link fosters understanding and cooperation.

ii. Empowerment and Self-Reliance:

It highlights the value of time, knowledge, and other non-monetary resources in helping. This acknowledgment informs community members about effective assistance.

iv. Cultivation of a Giving Culture:

Consistent non-financial support promotes giving and reciprocity. Shared accountability may encourage community members to help others.

v. Enhancement of Organizational Reputation:

The organisation becomes a trusted partner by committing to community well-being. Positive reputations can increase community support.

4. Request and proposal are sent to the concerned authorities/ in process :

i. Identification of Needs or Opportunities:

This initial step involves identifying areas that require attention, improvement, or support, indicating a proactive approach to problem-solving or development.

ii. Formal Communication and Documentation:

Requests and proposals serve as official documents that outline the details of the initiative, including objectives, methods, expected outcomes, and resource requirements. This formal approach enhances transparency and accountability.

iii. Advocacy for Community or Organizational Interests:

This action is a means of expressing the importance of specific projects, services, or interventions. It provides an opportunity to present a compelling case for why the proposed actions are vital for the well-being or progress of the community or organization.

iv. Inclusion of Stakeholder Input:

Stakeholder engagement is often crucial in developing comprehensive and well-informed proposals. This inclusivity enhances the legitimacy of the requests and proposals, ensuring that a diverse range of perspectives is considered.

v. Expectation of Decision or Action:

The community or organization anticipates a response, approval, or collaboration based on the submitted requests and proposals. This reflects a forward-looking perspective and a belief in the potential positive outcomes of the formal engagement.

In summary, a comprehensive, community-centric development model emphasises empowerment, financial sustainability, social support, shared responsibility, and proactive involvement with internal and external stakeholders. This holistic approach builds community resilience, well-being, and collaborative agency and learning.